

# Slyboss Outdoors Survival Checklist

## ■ Fire & Heat

- Waterproof matches or stormproof lighter
- Ferrocerium (ferro) rod & striker
- Tinder (cotton balls + petroleum jelly, fire cubes, or magnesium shavings)
- Compact emergency stove / fuel tablets
- Mylar emergency blanket (heat reflection)

## ■ Water

- Portable water filter (Sawyer Mini, LifeStraw, etc.)
- Water purification tablets (chlorine dioxide)
- Collapsible water container or bladder (2–3 liters)
- Stainless steel bottle (can be boiled over fire)

## ■ Food & Cooking

- Freeze-dried meals or high-calorie rations (at least 3 days worth)
- Energy/protein bars
- Compact cook set (pot, pan, utensils)
- Lightweight stove or alcohol burner + fuel
- Spork or multi-purpose eating utensil

## ■ Tools & Repair

- Fixed-blade survival knife
- Multi-tool (pliers, screwdriver, wire cutter, etc.)
- Paracord (at least 25–50 ft)
- Duct tape (wrapped around a card or lighter)
- Small sewing kit (heavy needle + thread)

## ■ Navigation & Signaling

- Compass + waterproof topo map
- Waterproof notebook & pencil
- Whistle (triple-blast emergency signal)
- Signal mirror or reflective surface
- Headlamp (with red light mode) + spare batteries

## ■ Shelter & Safety

- Lightweight tarp or bivy sack
- Compact tent or survival shelter
- Sleeping bag (rated for local climate)
- Insect repellent & mosquito net (if needed)
- Work gloves & bandana/scarf

### ■ First Aid & Health

- Comprehensive first aid kit (bandages, antiseptic wipes, gauze, tweezers, tape, blister pads)
- Pain relievers (ibuprofen, acetaminophen)
- Personal medications (3–5 day backup supply)
- Antihistamines (for allergies, bites, stings)
- Waterless hand sanitizer

### ■ Communication & Backup Power

- Fully charged power bank (solar optional)
- Emergency radio (NOAA weather radio with hand crank/solar)
- Pre-downloaded offline maps on phone or GPS device
- Extra charging cables in waterproof bag

### ■ Clothing & Protection

- Moisture-wicking base layers
- Insulating layer (fleece/down)
- Waterproof/windproof jacket
- Extra socks & underwear
- Hat (sun or thermal, depending on climate)

### ■ Extras (Situational)

- Bear spray (if in bear country)
- Fishing kit (line, hooks, sinkers, lures)
- Compact folding saw
- Small pack of cards/book (mental health counts too!)